



**Reflections
Online by
John Holthe**

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Monday, March 15, 2021

Senator, Representative speaks at Legislative Luncheon

The Altus Kiwanis Club and the Altus Chamber of Commerce hosted the first Legislative Luncheon of this session on Friday at Western Oklahoma State College with Senator Brent Howard and Representative Gerrid Kendrix.

Chamber President Rodger Kerr introduced the two to speak to the crowd about the currently legislative session.

Representative Kendrix gave an overview of the last two weeks about the bills that have been filed and the process of how they are handled for passage. He said that there were 1,988 bills filed. Of those, Kendrix said that 502 passed committee and 430 were heard on the floor. "That's about an average of 50 a day," he said. "So you have to come in prepared. If you don't, you are going to get behind, and when you get behind you can't get caught back up."

Kendrix also spoke on tax relief, Medicaid expansion, corporate income tax, the Rainy Day Fund, tax credits for physicians coming back to rural areas, some of the bills that are push-backs on federal regulations, as well as personal freedoms such as gun rights, worship services and our national motto "In God We Trust."

Senator Howard addressed the group by saying, "It's good to be back in Altus." He



Altus Chamber president Rodger Kerr, right, introduced the speakers.



Senator Brent Howard



Representative Gerrid Kendrix

See LUNCHEON page 5

Special called meeting of Altus City Council set for Tuesday

A special meeting of the Altus City Council will be held in Council chambers on Tuesday, March 16 beginning at 6 PM. The meeting will start with a public hearing on the westside economic loop, followed by ordinances related to the project.

It will also be considered to designate Robert Garrison and Barbara Burleson to a review committee for tax increment district #4 regarding housing development on Veterans Drive.

An item pertaining to the water rights to

Lake Altus is also on the agenda, as is declaring certain items as surplus, approving a contract for renovations to the Linda Wiginton Aquatic Center, and bids for bathroom proposals at Missile Park.

Altus Public Schools YELLOW in COVID Alert Risk Management System


Altus Public Schools will be on Spring Break this week, March 15-19, and will not be school.

According to the State Department of Health COVID Alert Risk Management System Jackson County is coded yellow on the map. Altus Public Schools encourages everyone to continue to use good hygiene practices and self-awareness as we are out of school next week to help with the declining COVID-19 numbers in our community.

As always, on Friday the Oklahoma State Department of Health will release the COVID Alert Risk Management System levels for Jackson County for the upcoming week. Altus Schools will use this data as the basis for re-evaluating our Altus Public Schools protocols.

Altus Public Schools will notify students, parents, employees, and community members on Friday afternoon of the color code for the week to come.






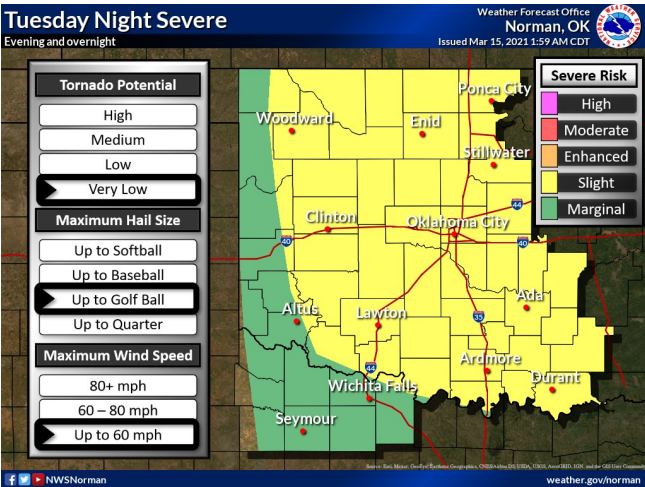
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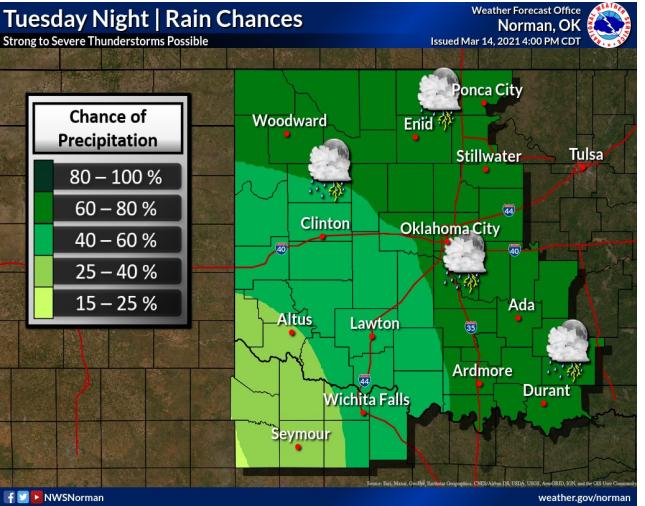
Tulsa District Corps of Engineers
Daily Morning Reservoir Report



Reservoir	Pool Elevation		Pool Limits		Pool Occupied Storage			8AM Status			Previous 24hr Average			Precip
	8AM Curr	8AM Prev	Top Of		%	C/F	(Ac-Ft)	Total Release cfs	Power Release cfs	Inflow cfs	Total Release cfs	Power Release cfs	Inflow cfs	24hr in
			Conserv	Flood										
Red River Basin														
Altus Lake	1534.71	1534.7	1559.0	1562.0	21.3	C	27335	0	--	7	0	--	75	0.00
Tom Steed Lake	1408.74	1408.7	1411.0	1414.0	85.2	C	79150	0	--	0	0	--	25	0.00
Lake Kemp	1142.11	1142.1	1144.0	1156.0	88.6	C	217322	0	--	308	0	--	135	--
Waurika Lake	951.77	951.76	951.4	962.5	2.7	F	3685	23	--	52	23	--	155	0.00
Foss Lake	1638.96	1638.9	1642.0	1662.2	87.7	C	140421	0	--	0	0	--	10	0.00
Ft. Cobb Lake	1342.48	1342.4	1342.0	1354.8	2.9	F	1833	0	--	0	0	--	20	0.00
















Today and Tuesday will be breezy and mild, and then there will be another risk of severe storms (mainly hail risk) Tuesday night and early Wednesday. Slightly cool and dry weather will follow through the weekend. Cooler temperatures arrive behind Wednesday's cold front, with warmer conditions next weekend.



WEATHER

<http://www.freeweather.com>

REST OF TODAY		Mostly sunny. Highs in the upper 80s. West winds 10 to 20 mph.
TONIGHT		Partly cloudy. Lows in the lower 40s. Light and variable winds becoming southeast around 10 mph after midnight.
TUESDAY		Partly cloudy. Highs in the upper 70s. South winds 10 to 20 mph.
TUESDAY NIGHT		Partly cloudy with a chance of thunderstorms. Lows in the lower 40s. South winds 10 to 20 mph. Chance of thunderstorms 50 percent.
WEDNESDAY		Partly cloudy with a slight chance of rain showers. Windy, cooler. Highs in the lower 80s. West winds 20 to 30 mph. Chance of showers 20 percent.
WEDNESDAY NIGHT		Clear. Lows in the mid 30s.
THURSDAY		Sunny. Highs in the lower 80s.
THURSDAY NIGHT		Clear. Lows in the lower 30s.
FRIDAY		Sunny. Highs in the lower 80s.
FRIDAY NIGHT		Clear. Lows in the mid 30s.
SATURDAY		Sunny. Highs around 70.
SATURDAY NIGHT		Mostly clear. Lows in the lower 40s.
SUNDAY		Partly cloudy. Highs in the lower 70s.

Sun & Moon Information for Altus, OK

Moon Phase:	Waxing Crescent Moon
Civil Twilight:	7:21 AM
Sunrise:	7:46 AM
Sunset:	7:44 PM
Civil Twilight:	8:09 PM



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Meet The Altus Police Department

Highlight of the Week

Quinten Chedester



Quinten Chedester is a Patrol Officer at the Altus Police Department. He has been in Law Enforcement since 2015, beginning his career at the Snyder Police Department. Officer Chedester has been serving the citizens of Altus for the last two years and he is currently assigned to the Night Shift “B” section of the patrol division.

Officer Chedester graduated from Snyder High School in 2010. Even before graduating high school, Officer Chedester dedicated his life to public service. He joined the United States Army National Guard in 2009 as a Junior in high school. Officer Chedester is still currently serving our country as an Infantryman with the A company 1/179, 45th IBCT. He has also been a volunteer firefighter for 4 years.

Officer Chedester is working to complete his Bachelor’s degree with a major in Criminal Justice. He has plans to complete the EMT basics program to someday become a Tac-Medic.

Officer Chedester likes to hunt and fish and in his free time he enjoys spending time with his wife and daughter.

“If there’s anything that my 12 years in the military, 5 years as a Police Officer and 4 years as a volunteer firefighter have shown me, it’s that I truly love helping people. I thoroughly enjoy my career and serving the people of Altus”. ~ Officer Quinten Chedester

Altus Police Logs

Sunday, March 14, 2021
12:42 a.m., electric pole sparking and the top is on fire in the alley behind Taco Bell
1:04 a.m., check suspicious vehicle, car wash on N. Main
7:48 a.m., can hear a male subject banging on a door saying that when they get in there there is going to be trouble, 604 Sky Circle
10:48 a.m., fire alarm, 500 Bar S Blvd
12:56 p.m., 3 year old child came walking up to the shop and a friend is following the child now, Allen and Broadway
1:48 p.m., check suspicious truck and trailer south of the tree dump site
4:18 p.m., reckless driving, Hwy 283
5:34 p.m., fire, Eldorado
6:33 p.m., fire in bushes out front, 3601 N. Main
6:38 p.m., disturbance, 1105 Union Circle
6:40 p.m., vehicle vandalized, 809 George
8:06 p.m., brush fire, 20710 County Road 152
10:39 p.m., disturbance, 501 E. Commerce

Saturday, March 13, 2021
1:35 a.m., domestic disturbance, 1501 S. Park Lane
2:30 a.m., alarm, Jones Pawn Shop
3:08 a.m., check suspicious subject caught on security

footage walking around the residence with a mask and hoodie, 1105 Stephanie
4:50 a.m., door found open, Corbin and Crain
9:51 a.m., accident with injuries, 300 S. Main
10:47 a.m., assault and battery, 1200 E. Pecan
12:00 p.m., non-injury accident, O’Reilly’s
12:19 p.m., 5 year old running around in the middle of the road, Fitter and N. Park Ave
12:29 p.m., accident with injuries, 804 York
1:14 p.m., fight, 702 W. Commerce
2:54 p.m., panic alarm, 1013 Loyadell
3:57 p.m., alarm, 305 Camino Norte
4:57 p.m., stabbed in the hand, 1200 E. Pecan
5:15 p.m., intruder alarm, Sunset Elementary
5:48 p.m., believes there’s a child on her roof, 916 E. Oakwood
6:38 p.m., has camera footage of subject looking in the windows of their vehicle with a flashlight and attempting to break in, 1005 Stephanie
6:46 p.m., subject outside screaming, 815 Nona
8:53 p.m., has security footage of someone trying to break into their vehicle, 2913 Garrison

Friday, March 12, 2021

Arrests

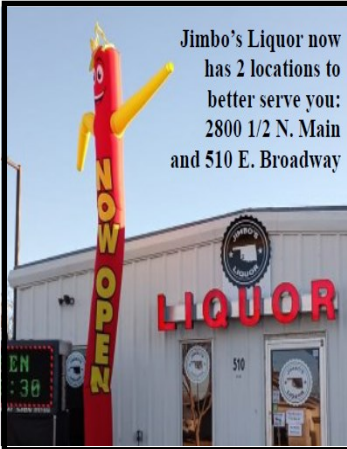
Friday, March 12, 2021
Jonathan Mallow,33, sex offender residing within 2,000 feet of a school, failure to register as a sex offender, false report of a vehicle theft, burglary second degree

Saturday, March 13, 2021
Shamya Coleman, 22, application to accelerate

Sunday, March 14, 2021
Mireya Macias, 24, eluding a police officer, aggravated DUI, no valid drivers license, reckless driving, transporting an open contain of beer
John Edward Wilson, 38,posession of a controlled dangerous substance, drug paraphernalia, five counts of failure to appear

2:20 a.m., check suspicious subject, soccer fields
8:47 a.m., fraud, report to PD
9:32 a.m., non-injury accident, Broadway and Park Lane
10:10 a.m., fraud, report to PD
10:12 a.m., fire, Stockman’s Bank, 500 St Hwy 6 Eldorado
12:17 p.m., unemployment fraud, report to PD
2:23 p.m., fire, 4 miles west and mile north of Eldorado
2:54 p.m., check suspicious subject holding female hostage, west on C Street
4:05 p.m., smoke investigation, Navajoe and Katy
4:54 p.m., disturbance, 1524 Lee
5:51 p.m., alarm, 20602 ECR 1576
6:05 p.m., reckless driving, north on Main
7:32 p.m., burglary, 1101

Union Circle
8:14 p.m., stolen property, 1514 Adams
9:09 p.m., vehicle keyed, 720 N. Park Ave
9:15 p.m., commercial burglar alarm, Altus Package Store
9:36 p.m., Sheriff’s Office requests Altus Police to assist with an inmate that is trying to fight a deputy and refusing to be locked down
9:49 p.m., property damage, 821 E. Broadway



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Obituaries



White

On Tuesday, March 9, 2021, William Chris White, loving husband, father, and grandfather, passed away at the age of sixty-eight.

Chris was born on August 9, 1952, in Portsmouth, Virginia to William McKittrick White and Wanda June White. Chris accepted Jesus as his Lord and Savior in elementary school and strived to live a life in which the love and compassion of Christ were evident. He enlisted in the United States Marine Corps. Chris received his Bachelor of Science in Pharmacy from Southwestern Oklahoma State University. He married the love of his life, Wendy Kay McLaughlin, in 1976. Chris worked as a pharmacist in the Indian Health Service in Eagle Butte, South Dakota and New Town, North Dakota. While in the Dakotas, Chris & Wendy had three beautiful children: Christina Kay, Brian Chris, & Kristen Michelle. In 1987, Chris and his family moved to New Orleans, Louisiana where he received two Master's Degrees in Divinity and Religious Education. When Katrina devastated New Orleans, Chris & Wendy moved to Dry Prong, Louisiana, and then Minden, Louisiana but finally came home to Hollis, Oklahoma in 2014.

Chris loved his wife, children, grandkids, and extended family. He was very forgiving and said he loved you every time you spoke to him. He gave his grandchildren bible verses to look up and taught them every animal sound he could. He enjoyed the bible studies he

was a part of and believed so much in the development of discipleship within the church. He loved his music and his TV. He asked pointed questions. He listened with an open and non-judgemental ear. He loved his Lord.

William Chris White is survived by his wife, Wendy White; his mother, Wanda June White; his brother James White and wife Young Sil; his daughter Christina Savage and husband Jonathan Jay; his son Brian White and wife Jessica May; his daughter Kristen Thompson and husband Eden Chase; grandchildren, Adele, Ezra, and Elisha Thompson; extended family and friends.

Due to Covid 19 and to protect the family and guests we ask all who attend the services to please wear a mask and practice social distancing.

Funeral Services will be 10:00 a.m. Monday, March 15, 2021, at the First Baptist Church of Hollis, Oklahoma.

Services are under the direction of Harmon County Funeral Home, Hollis, Oklahoma.

Hudson

Richard Kenneth Hudson, known as Bucky, passed away in his home on March 14, 2021 after a lengthy battle with COPD. He was born in Frederick, OK on December 20, 1951. A lifelong resident of Davidson, OK, Bucky was a farmer, basketball coach, history teacher and member of the Methodist Church.

He graduated from Davidson High School in 1970 and led the Davidson Men's basketball team. He would go on to win high honors for his athletic abilities in basketball and baseball, earning press coverage statewide. He earned a bachelor's degree in education from Southwestern Oklahoma State University and returned to the ball fields and courts as a coach – most notably in Chattanooga and Davidson. He reached his career pinnacle as the coach for the 1989 – 1990 Lady Sandies, only losing a single game in the

regular season.

In addition to his role as Coach, he taught history and government for 40 years. He was passionate about America's three branches of government and world history. He was a lifelong Democrat and traveled in Europe and Central America. However, his roots always kept him in Davidson where he worked on the family farm from childhood.

Bucky is survived by his daughter, Kena Hudson Lorie and her husband David of Moraga, CA, his son Bret Hudson and his wife Jennifer of Davidson, and his close friend and companion Melody Turner of Levelland, Texas.

Of all of Bucky's many accomplishments, friends and family his favorite people were his granddaughter and three grandsons: Emily and Ty Hudson of Davidson and Hudson and Clarence Lorie of Moraga, CA. He enjoyed following their sporting activities, riding in the pasture with them – but most of all Bucky loved to play hide-and-seek while laughing with his four "good buddies."

He is preceded in death by his mother and father, Billie and Bun Hudson.

In lieu of flowers the family asks that donations be made in memorial to the First United Methodist Church, 301 E. Grand, Frederick, OK 73542, in loving memory of Bucky Hudson.



Jack

Memorial Service for Marion Zumbro Jack will be at 2:00 p.m. Monday, March 15, 2021 in the Becker-Rabon Funeral Home of Snyder Chapel with Dr. Michael Geiger, Headrick, Oklahoma officiating.

The service may be viewed by following the livestream link at www.beckerfuneral.com or by visiting the Becker-Rabon Funeral Home Facebook page.

Marion Zumbro Jack, 72, Snyder, passed away Tuesday, March 9, 2021 in Oklahoma City. She was born August 10, 1948 in Altus, Oklahoma at the Mabry Clinic in the NBC Bank building to HD and Leona Tabb Zumbro. Being the youngest of four, her dad called her "Blondie". Marion grew up on an irrigated cotton farm, complete with chickens, sheep and milk cows and a large garden, one mile south of Altus, Oklahoma. As a member of First Baptist Church of Altus, she participated in many youth groups and the youth choir. She was in the vocal music department of Altus High School for 3 years and was a member of Pep Club. This group followed the football and basketball teams to home and away games. She was Mr. Buel Garvin's Biology assistant and was in the Biology club as well as Spanish club.

While in school she also had a part in a humorous play, "Quiet Summer". She graduated in the Class of 1966. Marion married Jeffrey Clay Jack on May 26, 1978 in Altus, Oklahoma. A serious kidney surgery ended her hopes of continuing her path at Oklahoma State University. She briefly worked for the Altus Irrigation District, before going to work for the Altus Medical and Surgical Clinic. She held several positions, worked for many doctors and learned coding. The clinic transitioned into Integris Family Care Clinic. She always helped others with insurance claims, lengthy medical forms and was an active listener for medical problems. Her memory of patients, their families and quirks guided many through tough times. She always had a quick Kleenex, smile, double wink and a hug for you. She retired from the

CONTINUED NEXT PAGE

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By Sue Hokanson,
Quartz Mountain Nature Park

March is a month of transition. Of course there is Spring Break. Then the time change and around then is the Spring Equinox and within a couple weeks, Easter will be here. Our temperatures are warm-

ing and the days are getting longer. Equinox means equal night, which refers to the 2 days of the year when the amount of day and night are equal. On Tuesday, March 16 th , we have 11 hours 59 minutes and 51 seconds of daylight. Which as close to 12 hours of daylight and 12 hours

of night as you can get. The Spring Equinox is the first day of the astronomical Spring. This occurs this year on Saturday March 20. Astronomical Spring runs from March 20 until Summer Solstice Sunday June 20. Meteorologists (the weather folks) have slightly different start dates for the seasons. Meteorological Spring Starts March 1 and is March, April and May. Meteorological Summer starts June 1 and consists of June, July and August. Meteorological Seasons were created to stand-

ardize the length of seasons which traditionally varied. Some years a season would be 89 days long, while others were 93days. The variations made it difficult to compare year to year. Trees and wildflowers don't care if Spring starts March 1 st or March 20 - they bloom when conditions are right. The wildflowers Dead Nettle, False Wild Garlic and Henbit have been blooming for a while. Eastern Red Cedar, Bradford Pears, Elms and Redbuds are the first trees that bloom.

Obituaries

Continued from page 4

clinic in October of 2010 after working a total of 41 years. Her own medical challenges started that same year. Family and friends enjoyed her legendary cooking, her mother left her many recipes, and her Aunt Edith sent her copies of Southern Living. She loved planning and cooking for special dinners, her creativity and perfectionism in the kitchen was mouth-

watering. She also enjoyed sewing and progressed with each new machine she used. She is survived by her husband of the home Jeff Jack of 42 years, two sons and their families, who kept her busy texting and on Facebook, Jay Jack and wife Ashlee of Tipton, Oklahoma, Ryder, 16, played football for Snyder, River, 8, Rhett, 6, and Ryan, 5, go to school in Navajo; Clay Jack and wife Robin live in Stillwater, Oklahoma and are expecting a baby girl in April; a brother, Hugh Zumbro and wife Kathie of Murray, Utah, a sister Sybil

Conley and husband Herb of Hastings, Minnesota, sister-in-law Cornelia Zumbro of Scottsdale, Arizona, sister-in-law Avis and husband Paul Woodward of Ochelata, Oklahoma and JoAnn Selvidge of Amarillo, Texas. She is also survived by numerous cousins, nieces, nephews and lifelong friends from the clinic, community families and her steadfast companion Sadie. Marion was preceded in death by her parents, HD in 1971 and Leona in 2000, her brother Harold David in 1987 and her brother-in-law Billy in 1984.

Luncheon

Continued from page 1

said, “ Last week was the deadline week that means anything that originated in the chamber of origin had to be passed out.” He went on to say that he wanted to highlight some of the things on the Senate side such as the six key items they are trying to push through this year, and a lot of legislation that relates to those in one way or the other. “The first one is that we are trying to grow and diversify Oklahoma’s economy, such as incentives to get the film industry here. There is a potential for billions of dollars within our state,” he said. “There is already a \$220 million dollar movie being filmed here now, and I just toured a new film facility that has been built in Dill City, and another one at the old Cox Convention Center.”

Howard said that they are also investing in Oklahoma families and future, and getting education back into the local level. This also includes a healthier and stronger Oklahoma, Medicaid expansion, and connecting Oklahoma with broadband, and what technology is going to develop. “The last thing we are working on is supporting Oklahoma Heroes.” Howard said, “We are fighting back hard on all of the ‘defund the police’ and the issues that have gone on with that, and whatever support we can give in for our military bases.” Questions to the two included the impact on the Keystone pipeline shutdown, which Howard said if shut down would be beneficial to the local companies drilling here. Local hospital representatives were also on hand to ask about the SHOPP program. SHOPP stands for Supplemental Hospital Offset Payment Program, and was created and implemented in 2011 for the purpose of assuring access to quality care for Okla-

homa Medicaid members. The question was asked to Howard, “With a potential increase in the SHOPP assessment, do you think that that will affect some of those who were undecided about delaying this or maybe getting it killed for this year?” In short, Howard said, “It’s going to be hard to stop your delay.” He went on to say, “We don’t want to stop managed care or delay it, but it’s going to be a hard challenge.” In closing, Howard said we have had great representation in the past, “and I think we have a bright future for what can be for Altus and I appreciate your support of us, and continue to let us know what we can do to support you all.” Kendrix added, “I’m honored to represent you guys and I sincerely mean it when I say ‘reach out to me’ and thank you for your support.”

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REFLECTIONS ONLINE

By John Holthe



Definition of the word pew: That's a church bench that stinks.

Hello, Readers! If you are reading this paragraph on March 15th then I'd like to wish you a Happy Ides of March Day! If you are reading this paragraph on March 17th then I'd like to wish you a Happy St. Patrick's Day! If you are reading this paragraph on March 8th then I'd wish you would quit looking over my shoulder while I write because it's really creeping me out.

Oh, just in case you don't know, The Ides of March Day is just a fancy way of saying it's the middle of March. Even though every month has an Ides Day, it's technically not a National Holiday that is to be celebrated. That honor goes to days like National Kansas Day in which we celebrate the state which has made a law that says "If two trains meet on the same track, neither shall proceed until the other has passed." Ok, wait. If two trains are on the same track and they meet, wouldn't they collide into each other instead of pass each other? And, why does this law

bring back memories of word problems in Math class?

Kansas has quite a few weird laws. The city of Topeka, Kansas has some doozies. One law states that "No one may sing the alphabet song on the streets at night." So, if you ever want to know where Sesame Street is, you know not to look in Topeka, Kansas. Another Topekan law that involves a street is the one that says "Dead chickens may not be hauled across Kansas Avenue." I wonder if this law applies to the dead chickens used as ingredients in fast food meals. The police would be like "Headquarters? I need back-up for a bucket of chicken violation on Kansas Avenue. You better hurry! The suspect is eating the evidence!" Topeka also has a law that says "No one may scream at a haunted house." I think this law is kind of backwards. I think it's okay for people to yell at a haunted house. It's when the haunted house starts yelling at people that you need to start worrying.

If I heard a haunted house yelling at me I'd be like "Can someone call a priest, please? Or maybe the Ghostbusters?"

March 15th is also National Everything You Think Is Wrong Day. The website I get these days from said it does not know who started this day, but I highly suspect it was a group of women married to men who think they are know-it-alls. These men are not necessarily bad people, but they can be kind of annoying when they start talking about things that they have little knowledge of.

For instance, an apple a day will not actually keep the doctor away since apples do not have all the vitamins you need to keep healthy. The only way apples will keep doctors away is if you start throwing the apples at the doctors. Another fact that is wrong is that the chemical tryptophan in turkey makes you sleepy. It's really the combination of food, alcohol and boring stories of Aunt Bertha's knitting group that will put you to sleep at Thanksgiving.

Other bits of "I didn't know that" knowledge include:

1. Drinking milk does not help prevent bone fractures. Not drinking so much alcohol that you walk into every piece of furniture in the room does that.
2. There are no bugs in your strawberry Frappuccino. Your new phone, yes. Your frappuccino, no. And no, frappuccino is not a person related to the actor Al Pacino.
3. Ostriches do not hide by putting their heads in the sand. Politicians do.
4. Goldfish can actually remember things longer than five seconds. Politicians can't. They make promises when they're running for office, but forget them when they win the election.
5. Dropping a penny off the Empire State Building will not kill a person. Dropping a piano would, but not a penny.
6. Eating carrots will not improve your night vision. So buy a flashlight.
7. Asteroid belts are not dangerous. At least, not as dangerous as my dad's belt. He was like Indiana Jones with that thing.
8. Chinese food with MSG will not make you sick. Chinese food with LSD will so watch out.
9. The biggest arms manufacturer in the world is Hasbro. They also lead the world in leg manufacturing.
10. Ancient Egyptians slept on pillows made of stone which made pillow fights the leading cause of death in Egyptian chil-

dren until they switched to feather pillows.

National Napping Day is on March 15th as well. That is one holiday that I celebrate every day of the year...sometimes twice a day. Napping sounds like the sleepest town in China, doesn't it? Speaking of napping, why do comics always display a series of zzzzzzz's when a character is asleep? Is the letter z really a good representation of what a snore sounds like? Have you readers ever heard anybody make a zzzzz noise when they snore? Can a snore even be represented by letters? I don't think they can be and that's why we have symbols on our keyboards, so we can spell noises that seem to defy the Alphabet.

The last National Day I want to mention is National Shoe The World Day which is a really unusual holiday because I didn't even know the world had feet.

Well, that's all I have for now. I have an hour of sleep to catch up on so I better get to napping. If you want to contact me then you can reach me on social media or Email me at johnholthe19682019@gmail.com. Before I go snoozing, I want to share some jokes with you.

1. Two tourists were driving through Louisiana. As they were approaching Natchitoches, they started arguing about the pronunciation of the town. They argued back and forth until they stopped for lunch. As they stood at the counter, one tourist asked the employee, "Before we order, could you please settle an argument for us? Would you please pronounce where we are...very slowly?" The employee leaned over the counter and said, "Burrriiiii, gerrrrrr, Kiiiiing."
2. A history joke--Who succeeded the first President of the USA? A: The second one!
3. A cop pulls over a car full of nuns. The cop says, "Sister, the speed limit on this highway is 55 mph. Why are you going so slow?" Sister replies, "I saw a lot of signs that said 41, not 55." The cop says, "Sister, that's the name of the highway, not the speed limit." "Silly me," the embarrassed nun says. "Thanks for letting me know. I'll be more careful." But then the cop glances in the back seat where the other nuns are quaking with fear. He asks, "Excuse me, Sister, what's wrong with your friends?" Sister says, "Oh, we just got off Highway 101."

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877-215-8336 OR 2-1-1

OPEN 24 HOURS

CORONAVIRUS.HEALTH.OK.GOV

COVID-19 CURBSIDE TESTING is available at the local county health department!

Beckham County-Elk City (580) 225-1173	Beckham County-Sayre (580) 928-5551	Caddo County-Anadarko (405) 247-2507	Comanche County-Lawton (580) 248-5890
Cotton County-Walters (580) 875-6121	Greer County-Mangum (580) 782-5531	Harmon County-Hollis (580) 688-3348	Jackson County-Altus (580) 482-7308
	Kiowa County-Hobart (580) 726-3316	Tillman County-Frederick (580) 335-2163	



VIEW TODAY'S MOST RECENT
COVID-19 NUMBERS



<https://looker-dashboards.oklahoma.gov/embed/dashboards/4>



COVID – 19



Utility, Rental/Mortgage, Nutrition
Assistance

Are you a
low-income resident
of Altus?



Have you been
impacted by the
COVID-19 pandemic?

You may be eligible for up to 6
months of financial assistance to
pay utility bills, rental/mortgage,
and nutrition assistance.

For application
online:
www.altusok.com
pick up at 509 S. Main
(drive-thru)

Operation C.A.R.E.
221 W. Walnut
Tuesdays and
Thursdays 1-3pm

Call or text 580-318-2490
to schedule an
appointment with a
CDBG-CV Advisor.

Southwest Oklahoma Community
Action Group, Inc.
Emergency Solutions Grant
Assistance Available for
Covid-19 and non Covid-19 Hardship

Rent and Utility Assistance for Rapid Rehousing

Rent and Utility Assistance for Prevention
(Rental Assistance will be dependent upon the CDC Eviction
Moratorium set to expire March 31 & Must have Eviction Notice
or Notice to Vacate)

Homeless Street Outreach Assistance

Emergency Shelter Hotel/Motel Assistance

Must fill out an application for services
and meet income guidelines for
assistance.

For Appointments
call 580-380-4231 or after hours
580-482-3800 for the 24 hour crisis line

Information note on COVID-19 and tobacco



TOBACCO USERS MAY BE AT INCREASED RISK OF
GETTING INFECTED WITH THE CORONAVIRUS.

ANYONE EXPOSED TO SECOND-HAND TOBACCO
SMOKE MAY BE SIMILARLY VULNERABLE TO
COVID-19 AS TOBACCO USERS.

Some characteristics of tobacco use contravene sound
advice on how to prevent COVID-19.



Tobacco use requires increased
contact of the fingers (and possibly
contaminated cigarettes) with the
mouth, which makes avoiding touching
hands to face difficult.



Tobacco use is often a social activity,
which diminishes the chances of safe
physical distancing.



Waterpipes have a communal nature
- a single mouthpiece is often shared
among people and is not necessarily
cleaned properly as it passes between
users. This compromises the avoidance
of sharing and proper and frequent
disinfecting.



Children's exposure to
second-hand smoke in the
WHO European Region - in
homes, cars and public
places - remains high.




Eight countries are leading
a regional trend towards
protecting children's
rights to smoke-free air in
private cars and outdoor
playgrounds.



Twenty-five per cent of
countries in the Region
prohibit smoking in all
public places.

THE NAME OF
THE LORD IS A
STRONG TOWER;
THE RIGHTEOUS
RUN INTO IT AND
ARE SAFE.


Proverbs 18:10



Operation C.A.R.E.

Operation C.A.R.E. is a non-profit organization committed to providing the people of Jackson County a central clearing-house for charitable services. From utility bills, medical prescriptions and emergency travel funds, food, clothing and lodging, Operation C.A.R.E., located at 221 W. Walnut, is there to support our community!



ALTUS CHRISTIAN FELLOWSHIP 107 N. Hudson, Altus	
ALTUS CHURCH OF CHRIST 600 W. Pecan, Altus	
ALTUS CHURCH OF GOD 900 S. Park Lane, Altus	
ALTUS GRACE UNITED METHODIST 620 S. Park Lane, Altus	
ALTUS KOREAN NAZARENE 800 N. Julian, Altus	SOUTHSIDE BAPTIST 1100 Asalee, Altus
CHURCH OF GOD OF PROPHECY 1000 S. Kennedy, Altus	ST. PAUL'S EPISCOPAL 721 N. Thomas, Altus
ELM & HUDSON CHURCH OF CHRIST 400 N. Hudson, Altus	VICTORY BAPTIST 1200 S. Park Lane, Altus
EMMANUEL BAPTIST 800 N. Forrest, Altus	FIRST CHRISTIAN CHURCH 2501 N. Park Lane, Altus
FAITH LUTHERAN 2401 N. Park Lane, Altus	PRINCE OF PEACE CATHOLIC 1500 Falcon Road, Altus
FIRST BAPTIST 300 N. Main, Altus	RELEVANT CHURCH OF ALTUS 701 W. Broadway, Altus
FIRST PRESBYTERIAN 208 E. Cypress, Altus	ALTUS SDA CHURCH 1304 N. Chalmers, Altus
FIRST UNITED METHODIST CHURCH OF ALTUS 317 N. Main, Altus	APOSTOLIC TRUTH UPC 2400 Galaxy Dr, Altus
FREEDOM CHURCH 1400 Falcon Road, Altus	FIRST CHURCH OF GOD IN CHRIST 900 S. Main, Altus
FRIENDSHIP BAPTIST 16010 S. CR 210, Altus	CORNERSTONE MISSIONARY BAPTIST CHURCH 900 S. Main, Altus
GLAD TIDINGS ASSEMBLY OF GOD 1505 E. Tamarack, Altus	FAMILY WORSHIP CENTER 1100 N. Park Ave, Altus
HIGHLAND HEIGHTS UNITED METHODIST 1911 N. Main, Altus	NEW COVENANT MISSION INC 2515 N. Main, Altus
HOLY REVIVAL CENTER 519 Martin Lutehr King, Altus	OUR SAVIOR LUTHERAN 1901 Falcon Road, Altus
MACEDONIA BAPTIST 721 Martin Luther King, Altus	PRIMERA IGLESIA 401 E. Liveoak, Altus
MARTHA ROAD BAPTIST 20388 E. CR 158, Altus	CHRIST WAY CHRISTAN CHURCH 2200 N. Main, Altus
SAINT JOHN'S BAPTIST 620 Martin Luther King, Altus	NEW HOPE BAPTIST 400 S. Willard, Altus
SALVATION ARMY 1100 N. Park Lane, Altus	TEMPLO SINAI 805 N. Blain, Altus
	TRINITY BAPTIST CHURCH 1300 N. Benson, Altus



FIRST BAPTIST
ALTUS, OKLAHOMA

Need Prayer?

**Text the word "Prayer" to
580-219-8228!**

**MISSION
ON WHEELS**

Donations Monday 2-4pm

Free Clothes Giveaways:
Wed & Fri. 2-4pm

Call Edna Douglas (580) 649-8620

118 1/2 S. Main in Altus, OK

Providing blessings to those in need of free clothing,
fans, blankets, housewares and more.



NATIONAL

SUICIDE

PREVENTION

LIFELINE

1-800-273-TALK (8255)

suicidepreventionlifeline.org



FIRST BAPTIST
ALTUS, OKLAHOMA

www.fbcaltus.org for services times & more info

WHAT'S HAPPENING ALTUS, JACKSON COUNTY & OKLA?



OPERATION CARE

Operation CARE open Tuesdays and Thursdays 9-11:00 AM. 221 West Walnut. www.opcarehelps.com

FREE MEALS IN ALTUS

Free meals are offered at the Salvation Army, 1100 N. Park Lane, every Tuesday and Thursday from 11 a.m. to 12:30 p.m. Local churches also offer free meals on Saturdays. The second Saturday meal is provided from 11 a.m. to 1 p.m. at the First United Methodist Church, 317 N. Main; the 3rd Saturday meal is provided from 11 a.m. to 1 p.m. at Primera Iglesia Bautista, 401 E. Liveoak; the 4th Saturday meal is provided from 11:30 a.m. to 1 p.m. at the Church of Christ Carpenter's Kitchen, Elm and Hudson; and the 5th Saturday meal is provided from 11 a.m. to 1 p.m. at Glad Tidings Assembly of God, 1505 E. Tamarack Road.

CITY COUNCIL MEETINGS

The Altus City Council meets at 6 PM on the first and third Tuesdays of each month for their regular meetings. Meetings are held at the Altus Municipal Complex at 509 S. Main.

PANCAKE BREAKFAST

The Altus Masonic Lodge #62 holds a Pancake Breakfast fundraiser every third Saturday of the month from 7-11 AM. Menu items include pancakes, biscuits & gravy, bacon, sausage, eggs, milk, coffee and juice for just \$5.

DRUG PROGRAM

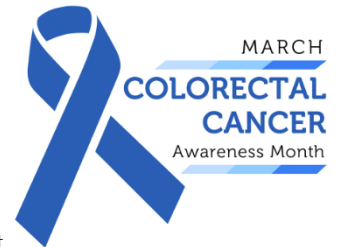
A faith-based 12-step program and a recognized recovery program for all drug court participants meets on Sundays at 5 PM at the Martha Road Baptist Church, 4 miles north of Walmart. For more information, call 580-482-3377. or visit their website at martharoadbaptist.org.

Free colon cancer screening kits offered

The Altus Cancer Center location has free IFOB (immunochemical Fecal Occult Blood) tests for colon cancer screening. Go to their location at 1200 East Broadway in Altus to pick up a FREE TEST!

An IFOB screening is a rapid test that detects diverticulitis, colitis, polyps, and colorectal cancer.


If you choose to participate in this screening, please contact your nearest Cancer Center for details on how to acquire a free kit and bring the kit back to the Cancer Center where testing will be run.







GET YOUR OK TRAVEL GUIDES AT:
travelk.com/brochures

Olustee Park Easter egg Hunt will be Saturday April 3rd at 1pm. Free cookout immediately after courtesy of Stockman's Bank!



FREE!!

BALLROOM & COUNTRY LINE DANCING!





ALTUS SENIOR CITIZENS' CENTER

(Next to Altus High School)

MONDAY EVENINGS, 7-9 pm

MARCH 8th & 22nd!

Masks required if contact dancing with other than a family member - not required for line dancing.

Sponsored by the Altus Ballroom Dancers

No refreshments or drinks provided, suggest bringing a bottle of water.

CITY OF ALTUS

EASTER EGG HUNT

APRIL 3RD 2021

OVER 10,000 EGGS & PRIZES

MISSILE PARK - SPORTS COMPLEX

EVENTS START 1PM









It is with warm wishes that we announce the retirement of

KEITH PHILLIPS

March 18, 2021

Keith will be honored for his contributions in a farewell reception to be held in the

ALTUS MAIN BRANCH

721 N Main

Altus, OK

3:00 to 5:00 PM

THURSDAY MARCH 18, 2021

**PLEASE JOIN US TO WISH KEITH A HAPPY RETIREMENT
AND A JOYOUS FUTURE**

It is with great pleasure that we announce the
Promotion of
**MICHAEL DANIEL
BRANCH MANAGER, SVP
IN ALTUS, OK**

**SISSIE FEAZEL
ASST BRANCH MANAGER,
VP
AND
KRISTI REED
CUSTOMER SERVICE
MANAGER, AVP**

**JOIN US IN CONGRATULATING MICHAEL,
SISSIE AND KRISTI IN THEIR NEW
VENTURE**

**Shamrock hidden
and ready to be found**

It's the month for Luck as there are four hidden shamrocks hidden somewhere in Altus. Find one of the official KWHW/KQ-106 Shamrocks and return it to the KWHW/KQ-106 Studios for a prize. Clues will be given each weekday on the radio at 9:05 AM, printed here in the Sunrise Reporter, on the KWHW and KQ-106 Facebook pages and in the Sunrise Online Newspaper.



Sponsors for this month's treasure hunt are Ace Hardware, Sonic Drive-In, Veterans Jackpot Bingo, and Tamarack Dental Associates. **MONDAY'S CLUE:** Lucky me, lucky you, listen for the music and you'll find me too.

Have a news tip, story,
photo, feature idea?
Just Email
mbush@kwhw.com

**HOLLIS
Plumbing LLC
ALTUS, OK**

**Specializing in Repairs, Remodels
& New Construction Plumbing**

Call (580) 481-4356



Brand new owner Ricky Benivamonde has over 20 years of experience and is now offering military and senior citizen discounts. To set up an appointment or for any questions, call Hollis Plumbing LLC in Altus at (580) 481-4356.

**PROFESSIONAL, AFFORDABLE AND WE'LL
ALWAYS LEAVE THE SEAT DOWN FOR YA!**