

July 2021
Here's Our Website



All the News that's Fjord to Print
by Thea O'Grady



**SONS of
NORWAY**



RESTAURATION
LODGE 1-548

1-548

THERE IS NO AUGUST MEETING

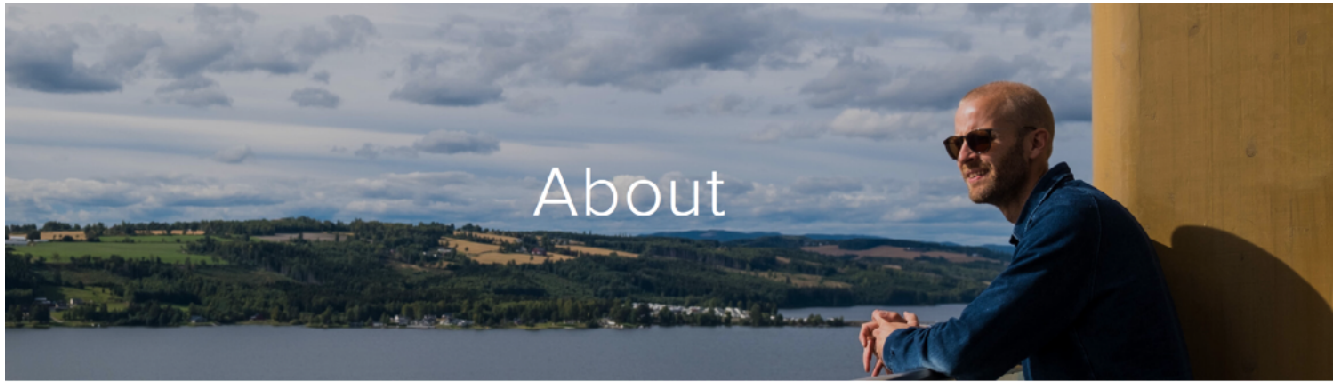
July 13 at 7:00, we will meet on Zoom!
See Page 5 for zoom hjelp.

☀️ Fra Presidenten Barbara Erickson,

What a fantastic turnout of Restauration members for our Midsummer Picnic June 24th. The Norwegian flag flew high over the park shelter, the decorations were festive, the food was delicious and conversations and laughter filled the air. A special thank you to the board members who organized and prepared the food. The next Lodge meeting will be Tuesday, July 13, 7pm on Zoom. Our guest presenter, Ruth Paulson, will speak on "Syttende Mai" or "Everything You Didn't Know About Norwegian Constitution Day." See you next Tuesday.

July Birthdays 🦋

Mavis M Hovden	2
Sharon Kay Stang	4
Donald H Kvindlog	7
Nancy S Thorkildson	15
John Arthur Albertson	18
Beverly B Robeck	19
Evelyn Monroe	20
Jonathan R O'Neill	21
Ulla Wall	29



Hei Hei! My name is Pål Bjarne Johansen, and I am the founder of Norway with Pål.

I was born in Norway many winters ago on a snowy day in December. For the last 8 years I have been tour guiding and doing book research for Rick Steves. Before that, I did tours in Spain for several years taking Scandinavians to experience what I consider my second home.

I am a passionate traveler and have traveled extensively in North America, South America, Europe and beyond. In addition to travel I do plenty of sailing in the waters of Scandinavia.

This company is my own project where I make content from Norway & Scandinavia to share with all those passionate about this part of the world. I also design and give tours that gives visitors unique and memorable experiences of Scandinavia.

I hope to travel with you!
Pål

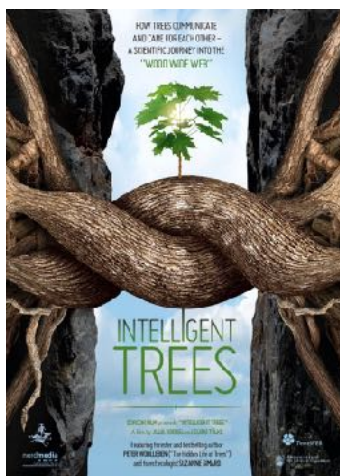
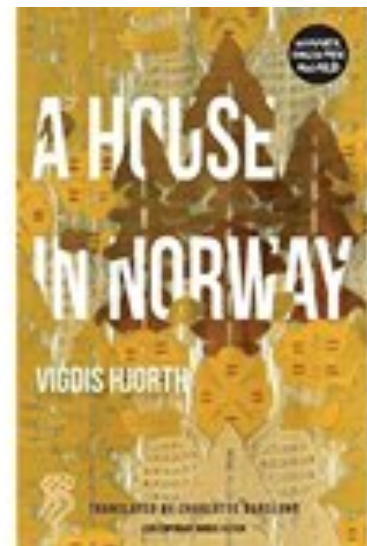
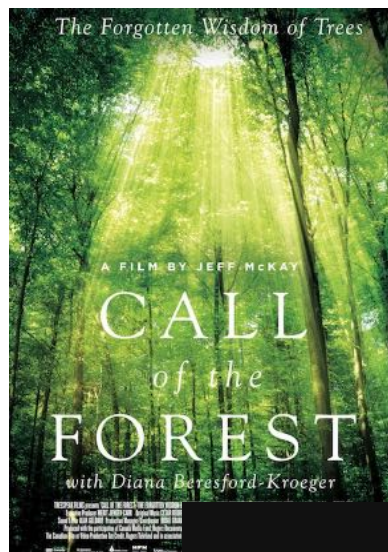
Barbara tells me there is a good video on "[The letters Æ Ø Å - A brief history and how to pronounce them.](#)"

Did you know that every underlined word or sentence in this newsletter has a connection to that specific website? Click on it to find out more!





skandanavian Knitters
 We meet every
 Monday morning at 10
 Please call Thea for details.
 319-536-4979



Intriguing books suggested by SON Book Club



**Our book club meets
every 3rd Wednesday
via ZOOM from 1-3 PM.**

This month we will meet July 21.

**You are invited to participate even if
you have not read the book!**

Please join us  [ZOOM LINK](#)

The Book Page

Books for Restauration Book Club for 2021-2022

July 21, 2021 Helen Andersen

Pictures of Longing Photography and the Norwegian Migration by Sigrid Lien

August 18, 2021 Ruth Crist

Big Sister by Gunnar Staalesen

Free ebook (HOOPLA, cloudLibrary) through your library

September 15, 2021 Thea O'Grady

Letters Written during a Short Residence in Sweden, Norway, and Denmark (1796)
by Mary Wollstonecraft

Free through eBook Downloader, Gutenberg (for iPad)

October 20, 2021 Ann Gesme

Between Rocks and Hard Places

November 17, 2021 Ellen Holstein

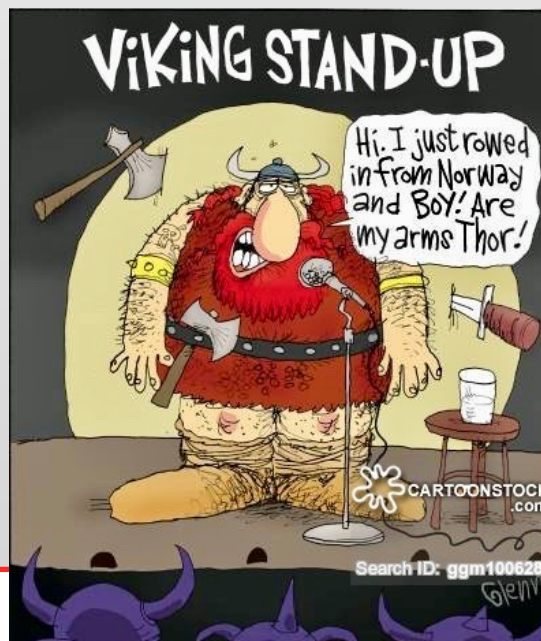
So Much Longing in so Little Space by Karl Ove Knausgaard Free ebook (HOOPLA, cloudLibrary)

December 15, 2021 Barbara Erickson

Norske Fields by Anne Schroeder

January 19, 2022 Marilyn Olson

The Iron Chariot by Stein Riverton Free ebook (HOOPLA, cloudLibrary) through your library



HOW TO ZOOM

Use this link for our meetings, our book club, and our knitting group.

[Join Your Friends of Restauration Lodge HERE!](#)

Information for signing into zoom:



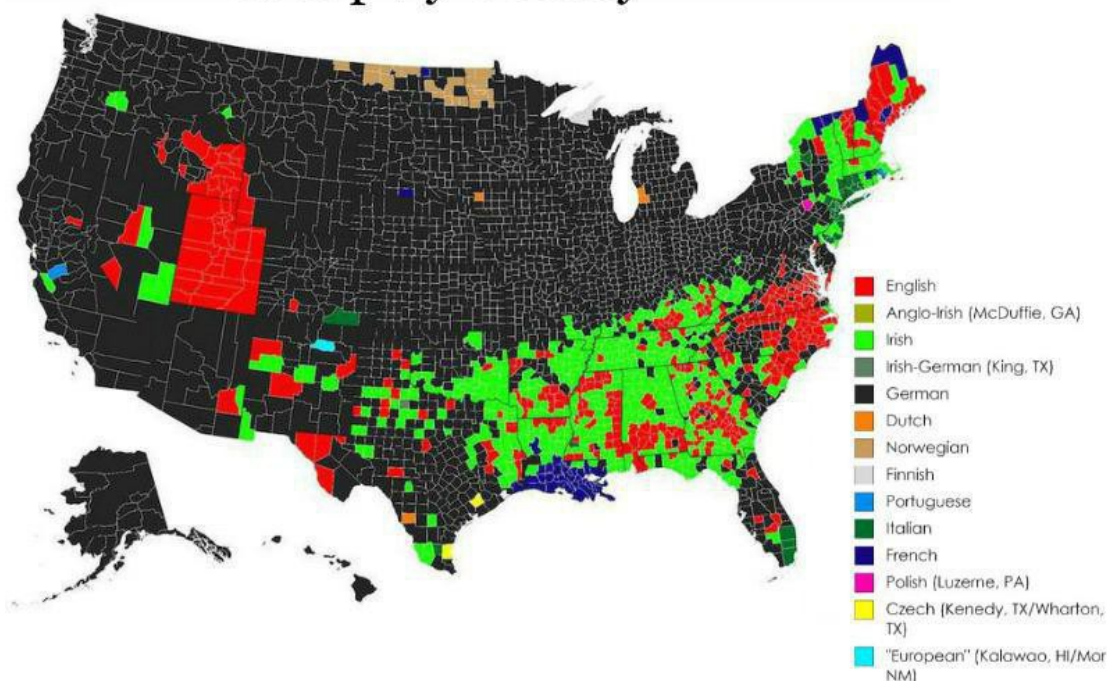
Go to zoom.us and click on
JOIN A MEETING, then
enter Meeting ID
777 3044 4484
Password: SofnCR

Or by phone
312 626 6799.



Enter same ID and Passcode 568029

Biggest European Ancestral Group by County









**Verl receives the lodge's Book Club of the Decade Award
from cultural director, Marilyn Olson.**

**Please note this is the first award of its kind and
there are 8 more years in this decade.**



Elected Officers:

👑 **President – Barbara Erickson** 319-377-1707
Vice President – Lois Shindoll 319-377-2890
Secretary – Cindy Monroe 319-363-7420
Treasurer – Arden Shindoll 319-377-2890
Membership Secretary— Alan Erickson
319-377- 1707

Cultural Director – Marilyn Olson 319-393-5531

Social Directors – Barb Taylor 319-393-0844
Sue Speicher 319-364-8607

SON Financial Benefits Counselor

Scott Johannsen

sjohannsen@riverlandinsurancegroup.com

563-343-5157



Web master:

Bob Thorkildson

319-721-9902

Appointed Officers:

Auditors: Verl Lekwa 319-728-2847

Ruth Christ 319-351-771

Bob Thorkildson 319-721-9902

Language Facilitator Tom Næsse
319-841-2311

Past President Cindy Monroe

319-363-7420

Librarian Lois Shindoll 319-377-2890

🎵 **Musician—Sharon Kay Stang**
319-351-5133

Publicity Director } Thea O’Grady

Newsletter Editor } 319-536-4979

Scholarship Cindy Monroe

319-363-7420

Sports/Recreation/Youth

Anna and Greg Collins
annaethe2nd@gmail.com
basic3124@yahoo.com

☀ **Sunshine- Cheryl Zapf**

319-363-5326